

## HARP Christian Counseling Prayer and Healing Garden

As you move through the garden, you may find benefit in stopping at each prayer station and lingering at the meditation benches. As you pause and pray, rest peacefully, breathe deeply, and observe the sounds around you. Open your heart to God's healing. Spend as much time as you need at each prayer station.

The righteous cry out, and the Lord hears them; he delivers them from all their troubles. The Lord is close to the brokenhearted and saves those who are crushed in spirit. Psalm 34: 17-18

Oh, Lord, I come to you to heal my emotions. Lord, heal the wounds of my heart.

heal the sorrow that is deep inside me which is known only to you.

Lord, flood every corner of my being with your peace and your healing love, and root out all the negative emotions that are buried deep inside my heart.

Lord, I pray that you will restore, strengthen, and establish me in your grace, peace, and love.

Lord, I pray that you will strengthen me as I turn my heart fully toward you and that your Spirit will give me a peace that comes only from you.

Lord, open the eyes of my heart that I might see you in every area of my life. Help me to have the faith to fully trust you even when I do not know how you will answer my prayers.

Lord, I pray that you will protect me from the enemy who would seek to destroy your work in my life through deception. Set my mind free by opening my heart to the truth of your word.

Lord, I trust that you are near to the broken hearted and that You will answer my prayers for healing as you have shown your love to me. I trust for the completion of this healing as I continue to yield my heart to you.